

# 13. Cost of Living in Melbourne

## Food

This data is sourced from the September 2007 Cost of Living Survey conducted by Mercer. All prices displayed are from the medium pricing level reported in the survey.

|   |               |
|---|---------------|
| <b>Milk and dairy products</b>              | <b>AUD \$</b> |
| Milk, pasteurised whole milk (1 L)          | 2.07          |
| Cream, pasteurised (0.5 L)                  | 2.22          |
| Butter, table quality (500 g)               | 3.54          |
| Yoghurt, natural or plain (180 g)           | 0.94          |
| Cheese, French camembert (500 g)            | 18.45         |
| Eggs, large, grade A (12)                   | 3.79          |
| <b>Bread products</b>                       | <b>AUD \$</b> |
| Bread, white sliced toast (1 kg)            | 3.25          |
| Bread, whole-wheat sliced toast (1 kg)      | 5.37          |
| <b>Rice, pasta and staples products</b>     | <b>AUD \$</b> |
| Rice, long-grain (1 kg)                     | 2.39          |
| Spaghetti (1 kg)                            | 3.98          |
| Sugar, granulated white (1 kg)              | 1.54          |
| Flour, for baking, white (1 kg)             | 2.46          |
| Cornflakes, plain (375 g)                   | 3.50          |
| <b>Coffee, tea and beverages products</b>   | <b>AUD \$</b> |
| Instant coffee (125 g)                      | 9.43          |
| Ground coffee (500 g)                       | 18.76         |
| Tea bags (25)                               | 1.67          |
| Instant chocolate powder (500 g)            | 5.10          |
| Coca-Cola (1 L)                             | 1.61          |
| Mineral water, non-sparkling (1 L)          | 2.30          |
| Mineral water, sparkling (1 L)              | 2.25          |
| Orange juice (1 L)                          | 2.19          |
| <b>Oil and fats products</b>                | <b>AUD \$</b> |
| Margarine (500 g)                           | 2.99          |
| Olive oil (1 L)                             | 13.98         |
| Corn oil, for frying (1 L)                  | 4.60          |
| <b>Fresh fruits and vegetables products</b> | <b>AUD \$</b> |
| Potatoes (1 kg)                             | 3.22          |

### References:

| <b>Fresh fruits and vegetables products</b>  | <b>AUD \$</b> |
|--|---------------|
| Onions (1 kg)                                | 1.97          |
| Garlic (150 g)                               | 1.11          |
| Tomatoes (1 kg)                              | 5.98          |
| Lettuce (1 kg)                               | 6.60          |
| Oranges (1 kg)                               | 3.22          |
| Apples (1 kg)                                | 4.98          |
| Bananas (1 kg)                               | 6.95          |
| <b>Canned products</b>                       | <b>AUD \$</b> |
| Peas (250 g)                                 | 1.04          |
| Tomatoes, whole peeled (250 g)               | 0.72          |
| Peaches, halved (510 g)                      | 2.45          |
| Pineapple, sliced (510 g)                    | 1.83          |
| <b>Meat and poultry products</b>             | <b>AUD \$</b> |
| Beef, filet mignon, chateaubriand (1 kg)     | 28.99         |
| Beef, for roast beef (1 kg)                  | 15.96         |
| Beef, lean ground for hamburgers (1 kg)      | 11.99         |
| Veal, for escalopes (1 kg)                   | 24.99         |
| Lamb, leg with bone (1 kg)                   | 13.10         |
| Lamb, chops (1 kg)                           | 13.99         |
| Pork, chops (1 kg)                           | 13.99         |
| Pork, loin for roasting (1 kg)               | 7.99          |
| Ham, sliced cooked for sandwiches (1 kg)     | 18.48         |
| Bacon strips (1 kg)                          | 12.98         |
| Sausages, wiener or frankfurter (1 kg)       | 9.38          |
| Chicken, whole, ready for roasting (1 kg)    | 6.29          |
| <b>Fish</b>                                  | <b>AUD \$</b> |
| Fish, fresh salmon or sole fillet (1 kg)     | 31.99         |
| Fish, fresh cod or similar white fish (1 kg) | 16.99         |
| Shrimp prawns, medium unpeeled (1 kg)        | 24.98         |
| Frozen prepared fish sticks (1 kg)           | 10.65         |
| <b>Other items</b>                           | <b>AUD \$</b> |
| Peanuts, without shells (150 g)              | 1.64          |
| Potato chips, natural flavour (150 g)        | 3.49          |
| Table salt, fine (500 g)                     | 1.27          |
| Black pepper, whole or ground (50 g)         | 1.67          |
| Ice cream, vanilla (1 L)                     | 7.25          |
| Biscuits, butter biscuits (200 g)            | 1.64          |
| Apple pie, fresh or frozen (500 g)           | 3.58          |

**References:**

| Other items                              | AUD \$ |
|--|--------|
| Marmalade or jam, strawberry (370 g)     | 3.63   |
| Milk chocolate bar (100 g)               | 2.53   |
| Box of chocolates, 'After Eight' (250 g) | 12.54  |
| Ketchup (340 g)                          | 1.30   |
| Mustard, Dijon type (200 g)              | 2.53   |
| Soy sauce (0.25 L)                       | 3.35   |
| Baby food, fruit-based (130 g)           | 1.30   |
| Baby food, meat and vegetables (130 g)   | 1.47   |
| Instant soup, box of 4 individual (75 g) | 2.24   |
| Frozen pizza, cheese and tomato (320 g)  | 3.50   |

### Domestic Supplies

| Detergent and cleaning products         | AUD \$  |
|---|---------|
| Laundry detergent normal (2.5 kg)       | 14.95   |
| Dishwashing machine detergent (1 kg)    | 6.23    |
| Dishwashing liquid detergent (500 ml)   | 4.33    |
| Furniture polish (330 g)                | 5.76    |
| Household cleaning product (850 g)      | 6.90    |
| Insect killer (330 g)                   | 8.48    |
| Household supplies                      | AUD \$  |
| Light bulbs (2 bulbs, 60 W)             | 2.18    |
| Frying pan, with Teflon coating (25 cm) | 28.00   |
| Two batteries, AA size                  | 4.79    |
| Electric toaster (2 slices)             | 69.95   |
| Electric steam iron                     | 99.00   |
| Electric hairdryer, standard model 1600 | 59.95   |
| Electric shaver                         | 229.00  |
| Clothes washing machine, 5 kg capacity  | 989.00  |
| Tumble dryer, 5 kg capacity             | 799.00  |
| Dishwasher, 12 servings capacity        | 1099.00 |
| Microwave, 800/900 W model              | 209.00  |
| Vacuum cleaner, 1200/1400 W model       | 399.00  |
| Electric cooker, 4 electric hot plates  | 898.00  |
| Refrigerator 200 lt + Freezer 50 lt     | 909.00  |

### Personal Care and Cosmetics

| Personal care and cosmetic products | AUD \$ |
|-------------------------------------|--------|
| Toilet tissue (2 rolls)             | 2.19   |

#### References:

| <b>Personal care and cosmetic products</b>     | <b>AUD \$</b> |
|--|---------------|
| Soap, 1 bath-size (150 g)                      | 2.46          |
| Shower gel (250 ml)                            | 4.66          |
| Hair shampoo, 2-in-1 (200 ml)                  | 3.19          |
| <b>Toiletry products</b>                       | <b>AUD \$</b> |
| Disposable diapers (box of 52)                 | 29.45         |
| Toothpaste, with fluoride (120 g)              | 3.25          |
| Deodorant, roll-on (50 ml)                     | 3.59          |
| Razor blades (5 blades)                        | 12.49         |
| Facial tissues (box of 100)                    | 2.50          |
| <b>Home pharmacy products</b>                  | <b>AUD \$</b> |
| Aspirin, non-effervescent (100 tablets)        | 16.58         |
| Cotton, sterilised (100 g)                     | 2.03          |
| Coughing and throat relief (box of 20)         | 6.81          |
| Band-aids (box of 20)                          | 2.19          |
| Antiseptic spray, disinfectant (20 ml)         | 2.12          |
| Private doctor (General Practitioner), 30 mins | 45.00         |
| <b>Cosmetics</b>                               | <b>AUD \$</b> |
| Lipstick, deluxe brand                         | 45.00         |
| Moisturising cream, deluxe brand               | 76.00         |
| Hand cream (120 g)                             | 7.88          |
| Suntan lotion, factor 6-8 (200 ml)             | 13.34         |
| Eau de toilette, Chanel No. 5 (50 ml)          | 125.00        |
| <b>Beauty salon, hairdressers</b>              | <b>AUD \$</b> |
| Men's shampoo and haircut                      | 40.00         |
| Women's shampoo, haircut and brushing          | 60.00         |

### Clothing and Footwear

| <b>Adult casual and underwear</b>  | <b>AUD \$</b> |
|------------------------------------|---------------|
| Polo shirt, for men or women       | 109.99        |
| Blue jeans, for men or women       | 135.95        |
| Socks, men's cotton                | 12.98         |
| Ladies' stockings or pantihose     | 14.95         |
| Ladies' bras                       | 44.95         |
| <b>Men's classic Business Wear</b> | <b>AUD \$</b> |
| Two-piece suit                     | 849.00        |
| White Oxford-type cotton shirt     | 109.95        |
| Shoes, leather                     | 219.00        |

#### References:

| Women's classic Business Wear          | AUD \$ |
|--|--------|
| Dress, ready-to-wear or two-piece suit | 700.00 |
| Shoes, leather                         | 199.95 |
| Blouse, cotton                         | 189.00 |
| Children's wear (age 8 to 10)          | AUD \$ |
| Boys' cotton school shirt              | 39.95  |
| Children's shoes                       | 89.90  |
| Children's blue jeans                  | 49.95  |
| Boys' blazer                           | 145.00 |
| Girls' school dress                    | 75.95  |

### Alcohol Prices

A great site for comparing alcohol prices is:

<http://www.boozle.com.au/>



### Petrol Prices:

To find out the local petrol prices in Melbourne, please visit:

<http://www.racv.com.au/wps/wcm/connect/Internet/Primary/my+car/advice+&+information/fuel/petrol+prices?CACHE=NONE>

### References:

Living in Victoria - <http://www.livein victoria.vic.gov.au> Boozle - <http://www.boozle.com.au/> RACV - <http://www.racv.com.au/>